

Planning Aqua 2026

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI
9H	AQUAGYM	AQUAGYM	AQUA TRAINING	AQUAGYM	AQUA TRAINING	9H-9H30 BÉBÉ NAGEUR
10H	AQUAGYM	AQUA TRAINING	AQUAGYM	AQUA TRAINING	AQUAGYM	9H30-12H ÉCOLE DE NATATION
11H	AQUA TRAINING	AQUAGYM	11H-17H ÉCOLE DE NAGE	AQUAGYM	AQUAGYM	
12H15	AQUA TRAINING	AQUA BIKE		AQUA BIKE	AQUA TRAINING	AQUA SURPRISE
13H		AQUA TRAINING			SPORT ADULTES ADAPTÉ	13H-16H ÉCOLE DE NAGE
16H					SPORT ADULTES ADAPTÉ	
17H	AQUA TRAINING	AQUAGYM	AQUAGYM	AQUA TRAINING	AQUAGYM	
18H	AQUA BIKE	AQUA TRAINING	AQUA BIKE	AQUAGYM	AQUA BIKE	
19H	AQUA TRAINING	AQUAGYM	AQUAGYM	AQUA TRAINING		